Directions for use

Mechanism of action: The water introduced via the clyster causes both softening and liquefaction of the feces and stimulation of the rectum via bowel wall expansion. Once the introduced amount of water has reached the reflex threshold, it triggers bowel movements, resulting in evacuation of the howel

Indications: For fast evacuation of the rectum in cases of constipation, for stimulation of bowel activity in cases of intestinal hypomotility, for control evacuation of the bowels in cases of fecal incontinence. In naturopathy: for bowel cleansing, e.g. when fasting.

Further special indication (for health care professionals): For fast evacuation of the rectum preoperatively, prior to rectosigmoidoscopy, prior to pelvic examinations, for controlled evacuation in cases of colostomy.

Enema administration is contraindicated in the presence of acute abdominal and pelvic problems (abdominal pain and vomiting of unknown origin), injuries in the anal region.

Special warnings and precautions: Use clean water only (drinking water quality). Apply lubricant to tip of rectal tube to avoid mechanical irritation of the anal canal. Should resistance or pain be experienced during introduction of the rectal tube. stop procedure instantly and seek medical advice.

Pregnancy: Pregnant women can use the Reprop Clyster to aid defecation up to the 20th week of pregnancy. From the 21st week of pregnancy, enemas should not be performed without consulting a midwife, Doctor or Gynaecologist, as contractions could be induced.

Children and adolescents: We recommend administering enema to minors only with prior approval and adapting the quantity of water to the age.

Instructions for use

Rinse the bottle with clean water before the first use. Wash your hands thoroughly before and after irrigation.

Preparation: Fill bottle with clean water (approximately body temperature) and screw on lid. Join check valve and rectal tube then connect extension tube to bottle (clip optional). If required keep rubber gloves, lubricant, water-resistant protective sheet and waste container at hand.

Note on the rectal tube: The rectal tube has two rounded lateral openings for the water outlet. In rare cases, patients find that the openings are not sufficiently rounded. Examine the rectal tube before use.

For patient (self-use): Sit down comfortably on the toilet seat or lie down relaxed on your back and gently introduced the rectal tube for a few inches. Turn the bottle upside down and pump the water into the rectum by manually compressing the bottle. Then remove the rectal tube and evacuate your bowels. Repeat process, if required.













Starter Set "Basic"

Starter Set "Plus"

Components: 1 bottle 750 ml with air release valve 1 extension tube with check valve

3 rectal tubes

REF PR102

REF PR101

Components: 1 bottle 750 ml with air release valve

1 extension tube with check valve "Plus": 6 rectal tubes

1 storage bag Replacement accessories kit

REF PR103

Components: 1 extension tube with check valve 20 rectal tubes

Starter-Set "Basic" comfort

REF PR104

Components: 1 bottle 750 ml with air release valve

1 extension tube with check valve

1 tube with two funnels

1 rectal tube with olive shape

Starter-Set "Plus" comfort

REF PR105

Components: 1 bottle 750 ml with air release valve 1 extension tube with check valve

1 tube with two funnels 1 rectal tube with olive shape

"Plus" 1 storage bag

Replacement accessories kit comfort

REF PR106

Components: 1 extension tube with check valve 3 connector tubes with two funnels 3 rectal tubes with olive shape

For nursing care provider (administration in patients):

Preferably, place the patient on his/her left side with the knees flexed. Gently insert the rectal tube. Turn the bottle upside down and allow the water to flow into the rectum. Fluid administration can be easily stopped by simply using the clip. Remove rectal tube. Support patient's evacuation of the bowel, if necessary.

Recommendations for cleaning and reuse: For hygienic reasons we recommend the exclusive personal use of the device. The components bottle with screw cap and check valve with extension tube should be cleaned with soap after use. The rectal tube and the rectal tube with olive shape are designed for single use.

Storage information: Store dry and dust-protected.

Further information: www.reprop-clyster.com

Practomed UG, Industriestrasse 2, 79541 Lörrach, Deutschland, www.practomed.de

In case of gueries, seek professional advice.

All serious incidents occurring with the use of this product must be reported to the manufacturer (Practomed) and the responsible authority of the member state in which you are registered as a user or patient.















